



# Rocket®

Level 2

*Frida Starvid*

This certificate is awarded to those who have participated in the *Rocket® Vinyasa Yoga Teacher Training*. This training provides basic and advanced sequencing of *Rocket® Vinyasa Yoga* sequences.

Successful completion of this training offers the graduate to "*Share the love of the practice*" and teach to their level of ability.

This certificate guarantees that the student is a *Rocket® Vinyasa facilitator* and has completed:

50 Hours of Rocket

*Advanced*

*Larry Schultz*

**Larry Schultz**  
Founder

*David Kyle*

**David Kyle**  
Head Facilitator

*Christiane Terrone*

**Christiane Terrone**  
Host

Oct 26<sup>th</sup> 2025  
Date

